

New and Improved patented design! No more lifting and grunting, or trying to kick a motorcycle lift under your bike. Simply push or ride the bike onto the lowered lift. As the front tire touches the front plate, the lift goes into action rising to the bottom of the motorcycle frame. Step on the foot pedal and your bike will rise effortlessly into a secure position. Getting your bike down is just as effortless and simple.

- Ride off the track and directly onto the lift
- Sturdy construction and powder coat finish
- Large, durable rubber mat on top to grip the bike
- Lockable in the up or down position
- Oil drain hole
- Lightweight, only 17lbs
- Works with Motocross specific bikes

everything is sweetened by **FRISK**





INSTRUCTIONS:

We know you are the smartest customer we have, but please read the instructions.



- Step 1: Approach the lift as shown above.
- Step 2: Push or ride your bike over the lift.
- Step 3: When the front tire hits the front plate, the lift will begin to rise.
- Step 4: STOP the bike when the rubber pad on the top of the lift touches the bottom of the bike frame (*Tip: Use the front brake to stop the bike in position*).
- Step 5: Now step on the foot pedal. The bike will lift into the air and lock into place.

<u>To lower the lift:</u> Hold the bike by the handlebars, then place your toe under the foot pedal and lift with your toe. The bike will lower to the ground. Back the bike off of the front plate, then push the bike forward off to the right of the lift without running over the front plate. Now you can use the lowered lift as a step to help swing your leg over the bike.

<u>Advanced tip:</u> With a little practice and good balance, a rider can ride on the lift, dismount and lift the bike in the same motion. Just place your left foot on the foot pedal instead of the ground as you dismount. Swing your leg off the bike. As your weight transfers from the bike to the pedal, the bike wil begin to rise. Do this with caution

<u>Locking pin:</u> The risk racing ride on lift is lockable in the up and down position. To lock the lift, place the supplied locking pin in the small hole on the main pivot point. Lock the lift in the down position for easy transport. Lock the lift in the upper position if you do not want the lift to be accidentally lowered (Example: If your rear swing arm or front suspension has been removed).

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www.RISKRACING.com